

AGNA



Alberta Gerontological Nurses Association

Winter News

1. What's New at AGNA/Board News

- **AGNA Online Provincial Education Session: April 5th, 2023.** Details to be announced shortly. Initial plans include a review of AGNA mission & objectives, along with an update on the AAG/ AGNA Think Tank recommendations and actions for nurses.
- **Leadership Opportunities:** There is a vacancy for President Elect. This is a wonderful chance to gain leadership skills and build your resume, in a supportive community of practice. For more information, contact the President, Kelly Baskerville, president@agna.ca. Other board member positions will be opening in the spring at the AGM.
- **Annual General Meeting:** May 2023 TBD
- **LAST CHANCE! ACE Award:** The Provincial Board is pleased to announce the AGNA Continuing Education (ACE) Awards. This is open to all AGNA members. This year we plan to encourage attendance at the CGNA conference. [Here's the link](#) to go to the full criteria and application, please apply between Jan 1, 2023- Feb 28, 2023.

2. Upcoming Events

- **CGNA Conference- April 20-22, 2023 (Niagara Falls, ON).** Check out [the website](#) for further details.
- **AAN (Alberta Association of Nurses) Conference: May 4-5th, 2023.** Calgary in person. Click [here](#) for further information.
- **AGNA Education Day Sept 23rd, 2023: Red Deer.** We're happy to announce that we're going to have an in-person event for AGNA members and guests. Stay tuned for more details! Mark your calendars!
- **February**

- ★ **Heart & Stroke Month:** Click [here](#) for more details.
 - ★ **Recreational Therapy Month:** Click to learn more about recreational therapists with the [Glenrose Foundation](#), or the [Alberta Therapeutic Recreation Association](#).

 - **March**
 - ★ **National Nutrition Month:** Click to learn more from [Dieticians Canada](#).
 - ★ **March 15th, 2023: Dieticians Day!** Check out their [resource library](#) for tools and information you can use!
 - ★ **March 8th, 2023: International Women’s Day!** Check out these links below for further information on strategies, initiatives and great work that’s being done for gender equality.
 - <https://www.internationalwomensday.com>
 - <https://women-gender-equality.canada.ca/en/commemorations-celebrations/international-womens-day.html>
 - <https://www.un.org/en/observances/womens-day>
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3. Online Sessions

- **Future Policy Forums (AAG): [FREE & ONLINE](#)**
 - **Feb 22, 2023 @ 1200PM.** Theme: Optimizing Technology and Innovation in the Future Delivery of Seniors’ Services
 - **March 16th, 2023 @ 1200PM.** Theme: Innovation in Community-Based Housing: Communities and Housing for Health & Wellbeing
 - **Just a reminder, if you cannot tune into the session, you can always view the recordings later!**

 - **Connecting People & Community for Living Well Partners’ Meeting: [FREE & ONLINE](#)**
 - **Feb 28, 2023 @ 930AM**
 - **March 28th, 2023 @ 930AM**
 - **May 23rd, 2023 @ 930AM**
 - Register and access the sessions at [CORE Alberta](#).
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4. Online Resources

- [CORE](#): Check out their latest newsletter for amazing online events coming up!

- [The Advanced Caregiver Centered Care Education](#): There are 4/6 short courses posted online to further your development and learning!
 - [HQCA: Human Factors in Healthcare Course](#): *“Human factors studies the interrelationship between humans, the tools and equipment they use in the workplace, and the environment in which they work. During this 3-day course, you will explore the role of human factors in healthcare using hands-on activities and case studies in various clinical areas.” (HQCA, 2023).* Check it out!
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5. Advocacy Corner

- **Alzheimer Calgary** is doing a survey for input to address myths related to the disease and provide better support to the community. Click [here](#) to participate!
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6. Reminders

- Have you renewed your CGNA membership yet? If not... click [here!](#)
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7. Fun Facts/Trivia

- *“The population of seniors in Alberta continues to rise faster than other age groups. As of September 30, 2022, more than 725,000 Albertans were over the age of 65. That number is expected to double within the next 2 decades.” (Government of Alberta, 2023).*
 - Check out more here: <https://www.alberta.ca/seniors-resources.aspx>